

Emotions Chart

Name _____

	What do you already know about this emotion?	Think of a time when you experienced this emotion.	What factors can contribute to causing this emotion? What factors can contribute to feeling this emotion?	What makes this emotion different from the others?
surprise				
anger				
joy				
fear				
disgust				
sadness				

Emotions Cards

Surprise	Joy
Anger	Fear
Disgust	Sadness